



Better health. At home.

“As each of us progresses through our own individual health journey, we want to be able to get the care we need while continuing to live in our own homes among the people we love. For people living with significant chronic disease, Telehomecare can make that happen like never before.”

Edward M. Brown, MD
CEO, Ontario Telemedicine Network

“I would recommend Telehomecare: it’s easy to learn and simple to use. Before this, I was in and out of hospital. This helps me – and my family – avoid all that.”

Ian, Telehomecare patient



“Telehomecare demonstrates how we can use technology to improve the health care we provide to our patients while using our health care dollars more effectively.”

Dr. Frank Martino,
Chief of Family Medicine,
William Osler Health System



“Patients love the program – being able to see their vitals and monitor their progress at home.”

Cheryl McMahan,
Telehomecare Nurse,
Toronto Central CCAC



Chronic disease is widespread and consumes an astonishing percentage of health care dollars.

In Ontario, one in three people has a chronic disease and each year more people develop conditions that need care, support and management. The potential for multiple chronic conditions increases dramatically as we age – and the number of seniors in this province will double in the next 20 years. Chronic disease already accounts for 55 per cent of health care spending: managing this cost is essential to the maintenance of a sustainable health care system.

Telehomecare supports patients with chronic disease through remote monitoring and health coaching.

With Telehomecare, patients with chronic conditions – chronic obstructive pulmonary disease (COPD) and heart failure (CHF) – get the support they need to effectively manage their disease at home.

Telehomecare provides easy-to-use equipment so that patients can measure their vital signs. Results are monitored by highly-skilled Telehomecare clinicians who watch for trends requiring medical help and share data with the patient’s primary care provider. Combined with weekly coaching sessions, the self-monitoring helps the patients gain confidence, learn how to manage their health and live their best possible life.



“Telehomecare outcomes have been remarkable and patient satisfaction has exceeded expectations.”

Laurie Poole,
VP, Telemedicine Solutions, OTN

Telehomecare improves care and outcomes. And it reduces acute-care demand.

Telehomecare is at the vanguard of telemedicine, enabling better patient outcomes, reducing the burden on acute-care services and lowering costs. Telemedicine uses health care resources more effectively than traditional medicine by extending the reach of providers and enabling collaboration. With Telehomecare providing care and support, patients can be discharged sooner from hospital. Patients are educated, motivated and empowered to manage their disease in their own home. Primary care teams are kept up to date while unnecessary appointments, ER visits and hospitalizations are reduced.

Telehomecare is good medicine.

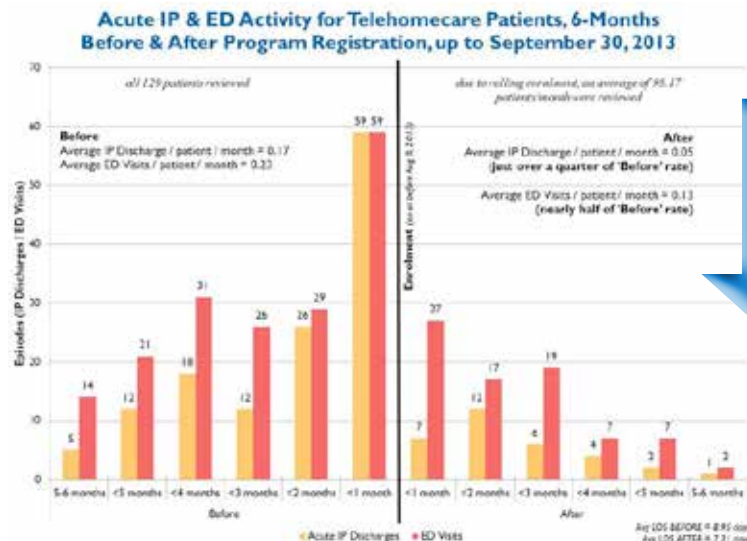
Telehomecare was successfully piloted in 2007. In 2012 - 2013, it was introduced in five Local Health Integration Networks: Central, Central West, North East, North West and Toronto Central. With support from Telehomecare, host organizations reached out to primary care providers, pharmacists, family health teams and community health centres to identify and enroll participants. Results were immediate, measurable and meaningful. Even better, COPD, HF and DM are just the beginning. This highly-effective and low-cost health monitoring and self-management model can be scaled and applied to other conditions and chronic diseases.



Telehomecare works.

Hospital utilization data, William Osler Health System:

First 130 patients in the Central West LHIN Telehomecare Program; September, 2013



43% ↓
in ER visits

71% ↓
in-patient admissions



RxTelehomecare.ca

Telehomecare is implemented by Ontario LHINs in partnership with these organizations.

otn.telehomecare

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About OTN

The Ontario Telemedicine Network provides telemedicine solutions for health care organizations and professionals.

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